Tri-District School Committee Meeting

of

Lincoln Public School District, Sudbury Public School District, Lincoln Sudbury Regional School District Monday, March 11, 2019

LS Library Lincoln Sudbury Regional HIgh School 390 Lincoln Road Sudbury, MA 01776

<u>Agenda</u>

7:00 PM	I.	Meet and Greet
7:30PM	II.	Call to Order
		of each school committee by its Chair
7:30 PM – 7:42 PM	III.	Opening Remarks by Radha Gargeya, Chair, LS School Committee
		 Welcome (7:30 PM - 7:32 PM) Introductions (7:32 PM - 7:36 PM) School Start Time Update (7:36 PM - 7:41 PM) Topic of the evening: student anxiety, depression (7:41 PM - 7:42 PM) Prevalence, causes, what is being done, what more can be done
7:42 PM – 7:52 PM	IV.	 Introduction and State of Affairs at Lincoln (LPS), Sudbury (SPS), and Lincoln-Sudbury (LS) Mary Emmons (LPS), Stephanie Juriansz (SPS), Aida Ramos (LS), Tri-District Directors of Student Services
7:52 PM – 8:22 PM	V.	Presentation on Anxiety versus Depression: How does it impact schools and families and how can we work in collaboration to support students?
	•	 Introduction by Lisa Kouchakdjian, Chair, SPS School Committee <u>Dr. Mona Potter</u>, Medical Director of McLean's Child and Adolescent Outpatient Services including the McLean Anxiety Mastery Program, School Consultation Service, and Adolescent DBT Outpatient Service; Instructor in Psychiatry at Harvard Medical School.
8:22 PM – 9:00 PM	VI.	Question and Answer Session with public comment and participation
9:00 PM – 9:10 PM	VIII.	Action Items
9:10 PM	IX.	Adjourn

Lincoln School Committee Sudbury School Committee LS School Committee Tim Christenfeld, Chairperson Lisa Kouchakdjian, Chair Radha Gargeya, Chair Peter Borden, Vice Chairperson Maggie Helon, Vice-Chair Patty Mostue, Vice-Chair Trintje Gnazzo Christine Hogan Ellen Joachim Adam Hogue Silvia Nerssessian Carole Kasper Tara Mitchell Richard Tinsley **Kevin Matthews** Simone Johnson, METCO Representative Candace Miller Laurel Wironen, Hanscom Representative **LPS Superintendent: SPS Superintendent:** LS Superintendent/Principal: Becky McFall **Brad Crozier** Bella Wong **History of Tri-District Meetings** 10/21/15 Agenda Minutes **Topics** Late School Start, Presentation by Dr. Eric Deede on Teenagers and Sleep Presentation on Sudbury Lincoln CRANE (Community Resource Awareness Network) by Katie Howd Civic Engagement, Presentation by Susan Brooks, Lincoln Town Clerk, and Sarah Cannon-Holden, Lincoln Town Meeting Moderator Brainstorming for ideas for the next Tri-District Meeting 5/17/16 Agenda Minutes **Topics** Transitioning to High School: Academic transition and social/emotional transition, Presentation by Ginny Blake, LS Scheduling and Curriculum Coordinator School Start Time, Presentation by Margie Decter, Newton School Committee Vice-Chair on the multi-step process Newton has undergone to study logistical issues 10/23/17 **Agenda** Minutes **Topics** Community Forum on Diversity and Inclusion Dr. William Smith, National Center for Race Amity **Community Member Presentations**

- Rev. Manish Mishra-Marzetti, First Parish, Lincoln
- Jude Merra, Sudbury Parent
- Chief Scott Nix, Sudbury Police
- Project LS Leadership Team
- Dr. Anne Wilson, Superintendent, SPS